## **BRISTOL STOOL SCALE**

Type 1 - Hard lumps

Type 2 - Lumpy, sausage-shaped



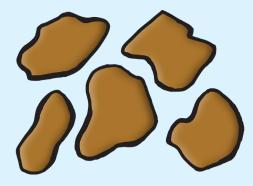
Type 3 - Cracked, sausage-shaped



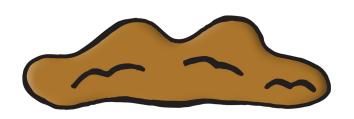
Type 4 - Smooth and soft



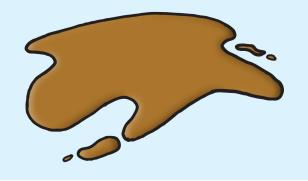
Type 5 - Soft blobs



Type 6 - Mushy, fluffy pieces



**Type 7 - Completely liquid** 







Lewis SJ, Heaton KW. Stool form scale as a useful guide to intestinal transit time. Scand J Gastroenterol. 1997 Sep;32(9):920-4. doi: 10.3109/00365529709011203. PMID: 9299672.